

September 21st & 22nd 2006 Newsletter

Berries on Bryan Station Farm: "Better Food for a Healthier You"

Welcome to your nineteenth basket pickup. Although it appears that the plants are declining, the garden continues to amaze and surprise us with its bounty. Here is what we have for you this week:

Raspberries

We are inundated with these luscious berries. Pick as many as you like when you pick up your basket. Feel free to bring a friend to help! Today a member picked the prettiest wicker basket with red berries on the bottom and a few golden ones on top.

Sweet Potatoes

Gayle researched on the internet that these need to be cured for ten days to allow them to be stored. We have a fabulous harvest of these that we will give you next week. They are red on the outside and white inside. When baked they are golden.

Peanuts

We started to harvest these today, but stopped because Gayle found out that the plant should turn yellow first. Since they are still green, we will wait until next week to harvest the rest. We have a few for you to taste. They are soooo good! I even found a lucky one with four peanuts in the shell.

Green Beans

The green beans are excellent today with Blue Lake, Bronco, half white runner, and Roma varieties available.

Black-Eyed Peas

The pods are very interesting to see growing. They stand above the plant on a stalk with several pods on it. We will try steaming a few of them to see if we can harvest some now or wait until they are more mature.

Sunflower Seeds

We will give you the seeds still in the mammoth sunflower head. Just lay these out on your deck or in the yard to attract birds.

Corn Stalks

I have cut corn stalks for you to decorate with. The ornamental corn has attractive deep purple stalks.

Your basket will also contain some of the following items:

Pumpkins, Ornamental gourds

Ornamental Corn

Leaf Lettuces

Onions

Tomatoes

Red Cabbage

Green Cabbage

Cut Flowers

The mini zinnias and baby's breath are great!

Peppers

These are attractive red, green, light green and colors in between. They also vary in shape because some are heirloom varieties. The banana peppers look great.

Herbs

Basil, oregano, parsley, apple mint, sage, thyme, and rosemary will be cut for you. Next year we plan to plant these right next to the barn so that you can cut your own when you pick up your basket. This was a great suggestion from a member. Thank you in advance for giving us feedback on the questionnaire.

Picnic

Please remember that our picnic is Saturday, September 30th at 4 p.m. We'll have yard games set up. Please pack swim gear and towels for family members who would like to swim in the small pool and play in the hot tub. Please also bring a dish to share and a beverage. We will provide grilled hamburgers, chicken breasts, hot dogs, buns, lemonade, plates, and plastic cutlery. Please RSVP so that we can plan for the quantity of meat to purchase.

Next week will be the last pickup days!
Please round up and return your baskets!
Thank you for your support.
See you next week,

Erik Walles & Family (Gayle, Brett & Grant)
Berries on Bryan Station Farm
4744 Bryan Station Road
Lexington, KY 40516
Farm: (859)293-0077
wallese@linkup.us

2007 membership information

Berries on Bryan Station Farm

Membership fee for 2007

\$275 for a half bushel per week

\$550 for a full bushel per week

- If you would like home delivery, the additional cost will be 50 cents/mile per roundtrip

- Would you like to organize a group pick-up? _____
If yes, what is your address? _____
 - (Example: 5 families in the Tates Creek/Man O'War area took turns picking up baskets this year)

- Please tell your friends about our farm business CSA (CSA = Community Supported Agriculture)
As a reward for signing up new members, you can choose from the following (for each new member signed up):
 - 2 free deliveries in '07
 - 1 free/extra basket during any week of '07

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